

## PHYSICIAN REFERRAL

PATIENT'S NAME: \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PRECAUTIONS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- Evaluate and Treat  
 Home Program (i.e. home, gym)  
 Work/Functional Conditioning  
 Therapeutic Exercise  
 Other \_\_\_\_\_

COMMENTS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Frequency: \_\_\_\_\_ X per week for \_\_\_\_\_ weeks

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

We accept referrals from any physician.  
Most insurance plans are accepted.  
Please give us a call for more information.

**Bacci & Glinn Physical Therapy, Inc.**

**Visalia:** (559) 733-2478 phone • (559) 733-2470 fax

**Hanford:** (559) 582-1027 phone • (559) 582-8105 fax



*Transform your Life*

### **Visalia Office**

5533 W. Hillsdale Ave., Suite A  
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(559) 733-2478 phone  
(559) 733-2470 fax

### **Hanford Office**

331 North 11th Ave.  
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**[www.bandgpt.com](http://www.bandgpt.com)**

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Same-day Appointments Possible  
Most Insurances Accepted  
Cash / Check / Credit Cards Accepted

Bacci & Glinn PT for  
**AQUATIC  
THERAPY**



Recover your quality of life  
without drugs, side effects or surgery.  
Aquatic therapy is the clear choice!

# Choose Physical Therapy to relieve AQUATIC THERAPY

Recover your quality of life



With aquatic physical therapy or "aquatic therapy", your rehabilitation program is conducted in our safe, clean and comfortable warm water environment. Our programs are custom designed for each patient. No more pain with every step, fear of falling, or apprehension with exercise.

## Conditions we have successfully treated:

- Osteoarthritis
- Rheumatoid Arthritis
- Fibromyalgia
- Chronic Pain
- Joint Injuries
- Failed Back Surgery
- Balance Dysfunction
- Post-surgical Rehabilitation

## What are my treatment options?

- Aquatic Therapy\*
- Epidural Injections
- Surgery
- Drugs

## Advantages of Physical Therapy:

- Minimal pain
- No side effects
- Soothing warmth
- Gentle resistance
- Facilitates circulation
- Supported by clinical research



Attention Athletes: aquatic therapy offers a safe environment to maintain muscle tone and aerobic fitness and helps you return to sports quicker.



## The Unique Advantages of Aquatic Therapy

**Buoyancy** – floating in the water allows you to exercise with up to 90 percent of body weight removed. This dramatically decreases painful joint compressive forces and fear of falling.

**Temperature** – the warmth of the water results in relaxation and pain reduction by inhibiting pain pathways.

**Turbulence** – this property is the ever changing flow of the water which imparts safe and gentle forces on the body to help improve your balance and core stability.

**Viscosity** – this is the "thickness" of water which allows for gentle and progressive resistance to aquatic exercise.

**Hydrostatic Pressure** – the pressure exerted on your body when it is submerged in the aquatic environment. This pressure can assist with the return of blood to your heart from your legs while exercising.

Make an appointment today.

Start feeling better tomorrow.

- Call to schedule a consultation.
- Visit our Web site for answers to frequently-asked questions.
- Ask your physician to complete our referral form.

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