

## PHYSICIAN REFERRAL

PATIENT'S NAME \_\_\_\_\_

DIAGNOSIS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PRECAUTIONS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- Evaluate and Treat
- Home Program (i.e. home, gym)
- Work/Functional Conditioning
- Therapeutic Exercise
- Traction
- Modalities
- Other \_\_\_\_\_

COMMENTS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Frequency: \_\_\_\_\_ X per week for \_\_\_\_\_ weeks

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



*Transform your Life*

### **Visalia Office**

5533 W. Hillsdale Ave., Suite A  
Visalia, CA 93291  
(559) 733-2478 phone  
(559) 733-2470 fax

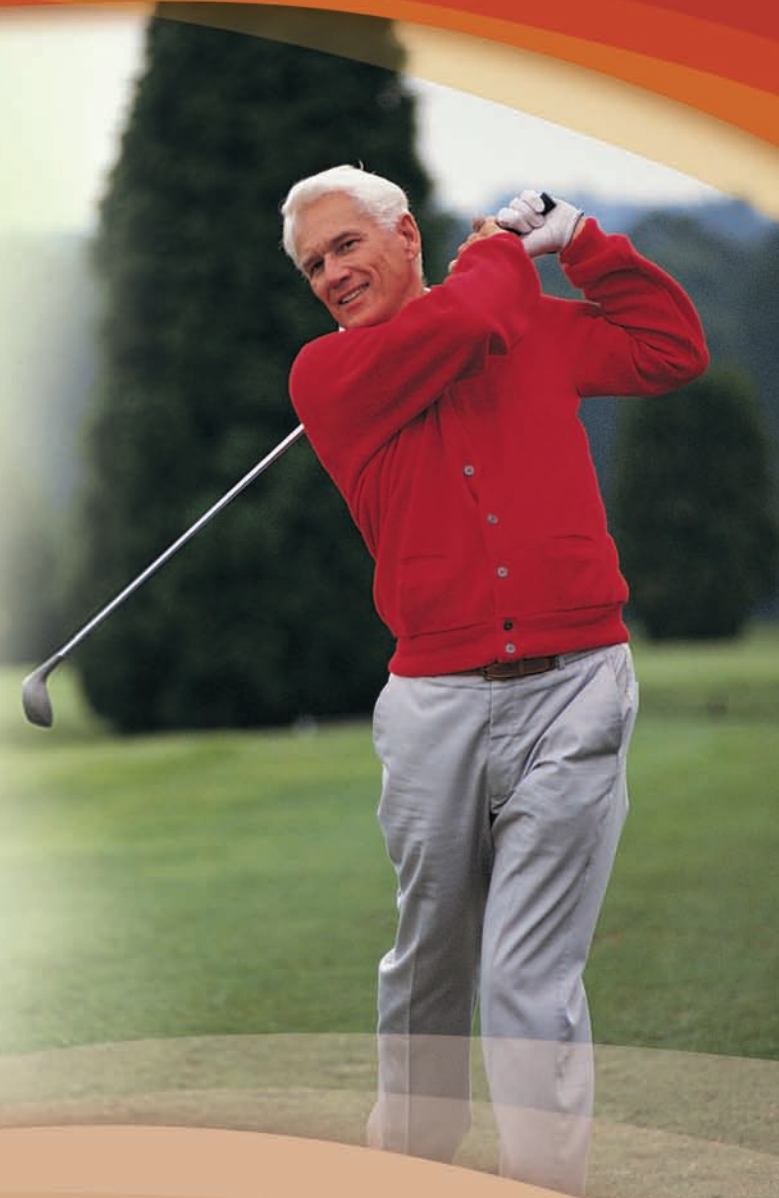
### **Hanford Office**

331 North 11th Ave.  
Hanford, CA 93230  
(559) 582-1027 phone  
(559) 582-8105 fax

**[www.bandgpt.com](http://www.bandgpt.com)**

Conveniently Located  
Same-day Appointments Possible  
Most Insurances Accepted  
Cash / Check / Credit Cards Accepted

Physical Therapy for  
**HIP PAIN**



We accept referrals from any physician.  
Most insurance plans are accepted. Please  
give us a call for more information.

**Bacci & Glinn Physical Therapy, Inc.**

**Visalia:** (559) 733-2478 phone • (559) 733-2470 fax

**Hanford:** (559) 582-1027 phone • (559) 582-8105 fax

Recover your quality of life  
without drugs, side effects or surgery.

Physical therapy is the clear choice!

Choose Physical Therapy to relieve

# HIP PAIN

Recover your quality of life



www.bandgpt.com



Physical therapists (PTs) are experts in the art and science of the evaluation and treatment of human movement dysfunctions. We care for people of all ages and treat a variety of muscle, joint and neurological conditions.

## Conditions we have successfully treated:

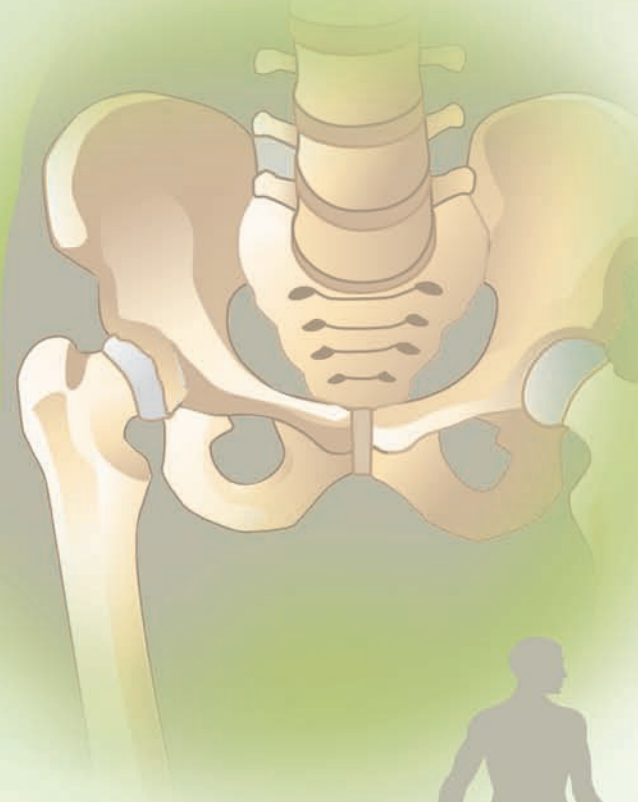
- Hip pain
- Groin strain
- Arthritis\*
- Trochanteric bursitis
- Tendonitis
- Post surgical hip replacement

## What are my treatment options?

- Drugs
- Corticosteroid Injections
- Surgery
- **Physical Therapy\***

## Advantages of Physical Therapy:

- No side effects
- Cost-effective
- Supported by clinical research\*
- Customized to treat the underlying cause



## Your Recovery Process:

- Pain relief
- Recovery of any lost hip range of motion
- Increased strength
- Recovery of walking and functional skills
- Independent care

## Components of Your Care:

- A thorough biomechanical evaluation
- Extensive patient education
- A customized treatment plan
- Gentle hands-on techniques to relax the muscles
- Effective joint mobilization techniques to decrease stiffness
- Pain-relieving modalities such as ice, heat, ultrasound or electrical stimulation
- Targeted stretching for tight muscles
- Walking, stair climbing, sit-to-stand retraining
- Balance exercises

Everyone is different. You may require one or two visits, or an extended care plan over several weeks or months.

Make an appointment today.

Start feeling better tomorrow.

- Call to schedule a consultation.
- Visit our Web site for answers to frequently-asked questions.
- Ask your physician to complete our referral form.

If you're ready for relief,  
and tired of "masking" your pain,  
treat the cause, not just the symptoms!



**Bacci & Glinn Physical Therapy, Inc.**

**Visalia:** (559) 733-2478 phone • (559) 733-2470 fax  
**Hanford:** (559) 582-1027 phone • (559) 582-8105 fax  
www.bandgpt.com

\*Cited from the academic journal, Physical Therapy, 2005, pp. 907 - 971.

